



Constructive Mentoring State Forum

'Work and Life: From Burnout to Balance'

Half-Day Event Programme

9.00 – 9.30am Registration

9.30 – 10.15am Guest Speaker: Radmila Desic

10.15 – 11.15am Workshop: Financial Life Planning

Representatives from Superwoman Financial Solutions will educate you on how every aspect of your life can impact your wealth creation or wealth protection process, and will help develop a strategic plan to take you from where you are now to where you want to be.

11.15 – 11.45am Workshop: Stress Management

Judy Baker from Essents Whole Body Centre discusses the causes, triggers and symptoms of stress, and shares some tips to manage your stress and maximise your energy levels so that you can get the most out of every day.

11.45 – 12.30pm Guest Speaker: Carol Jelley

12.30 – 1.00pm Informal Networking

Meet and chat with others in the building, design & construction industry over casual drinks and nibbles.

EVENT DETAILS

When?

Fri 5th September
9.00am - 1.00pm

Where?

QMBA
417 Wickham Terrace
Brisbane QLD

What?

Inspirational guest speakers and fun interactive workshops followed by drinks & informal networking.

How do I register?

Email Lisa Bollard at lisa@orijen.com.au by Monday 1st September.

Your Guest Speakers

Radmila Desic



Radmila started her career in construction as a carpenter joiner apprentice, before moving into a training role. Radmila now works as an Industry Engagement Officer for Construction Skills Queensland, to encourage young people

to join the industry. It is one of her goals to increase the percentage of women employed in the construction industry by 20% before 2010. Radmila is the President of NAWIC in QLD.

Carol Jelley



Carol Jelley is a Principal at Sinclair Knight Merz, specialising in Transport Planning and Traffic Engineering. In a career spanning over 30 years, Carol has worked in Kuwait, Trinidad, South Africa, Indonesia and her native Britain.

Carol was President of the WA Division of Engineers Australia in 2003, and was a National Councillor from 2003–07. She is passionate about attracting women to the traditionally male-dominated sector of engineering.

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